

Special Events

Spring Awards Banquet - We kick off the riding season in March with a short ride followed by a dish-to-pass banquet and Awards presentation. We hand out awards for riding accomplishments as well as fun ones for those humorous moments that crop up throughout the season.

Andrew Spiller Memorial Challenge Ride and Picnic - Each summer, we have a picnic. We rent a shelter in a park, bring a dish-to-pass, and set up multiple variable length loops, so members can ride, eat, and socialize all day long.

Volunteer Dinner - This special catered dinner held in the Fall is to show appreciation to all those members who volunteer, ie. leading rides, contributing articles for the newsletter, and representing the club at a local event. Door prizes are provided too.

Fall Elections & Party - This event wraps up the riding season with yet another food fiesta. It is mostly a social gathering, but it's also the one and only RBC general membership business meeting each year. We elect the slate of officers for the coming season.

Winter Multimedia Show - Here's the chance to share your bike trip adventures with others, or sit back and enjoy the show. Come join us for one or more travelogues and start dreaming about YOUR next big bike adventure!

Supported Rides

Our less demanding rides are labeled **Supported Rides (SR)**. These rides are run as a loose group that will pause to regroup from time to time. To participate on an SR, you need to be physically conditioned and able to cycle for 2 hours at about 10-12 mph over some possible rolling terrain. The leader always rides at the back of the group and is there to provide support and encouragement.

There are **Supported Rides** on weekends and Wednesday evenings during the summer.

Annual Membership Dues

- Individual - \$25
- Family - \$35
- Student - \$10

For more information or to join:
rochesterbicyclingclub.org

Ride schedule and updates:
meetup.com/RBC-NY

And (of course!) follow us on:
facebook.com/RBCsocial

Rochester Bicycling Club

Dedicated to promote cycling for sport, recreation, health and transportation



The Rochester Bicycling Club (RBC) is Rochester's recreational cycling resource. The club actively promotes the use of bicycles for sport, recreation, health, and transportation, works to protect the rights of cyclists, and advocates for cyclist safety on roads and trails.

The RBC was founded in 1967. Since that time, the club has grown from a small social group to a one with more than 600 members representing all ages and abilities. Club members ride a variety of bike types, including hybrid, touring, racing, mountain, tandem and recumbent bikes.

Member benefits include the following:

Riding with a Group

Enjoy riding with others who share your interest in cycling. Meet new friends. Improve your cycling skills by riding with more experienced riders. Collectively, we have a wealth of cycling information that you'll pick up just by riding with us! Discover new places to ride and explore. Distinguish practical vs hype about equipment and gear. Understand what matters for different kinds of riding (road, trail, commute, touring, etc.). We have good stuff for everyone!

Health & Fitness

Cycling is a great aerobic exercise and is easy on our joints (low-impact / non-weight bearing). The more you ride the fitter you get. Longer distance, moderate intensity cycling is particularly effective at burning calories.

Hundreds of Scheduled Rides

Weekend rides are scheduled March through November, and weekday evening rides run all summer long. Rides can be added year round if the weather is good. During peak season, there are also many rides during the weekdays, great for retirees, but also for anyone who wants to take a day off now and then. You can find our ride calendar on our website or RBC Meetup.

Over 400 Mapped Bike Routes

Routes vary from less than 10 miles to 100 (or more). There are plenty of flatter riding areas close to Lake Ontario, but the glaciers left us plenty of challenging climbs in the south. Our ride contributors have been able to link some of the nicest, low-traffic roads together to create spectacularly beautiful and enjoyable rides. In between are many combinations of short/medium/long, flat/moderate/hilly rides, truly something for everyone! Our ride maps are digitally drawn and illustrated pdf documents. Most routes also have associated cue sheets and gpx files.

Ride with GPS

Members have access to a RideWithGPS club account for RBC's routes and those shared by RBC members. Among other features, this provides visual/audible turn-by-turn directions for our routes right from your smartphone! GPX/TCX files are also available for Garmin and other GPS/fitness devices.

Clinics and Safety Classes

Members can attend clinics on such topics as basic bike maintenance and repair or how to fix a flat, and cycling safety courses. You can find details on our website or RBC Meetup.

Bike Shop Discounts

Rochester has a lot of great bike shops, and they're fantastic for offering RBC members discounts on bikes, clothing, parts, service and accessories. Show your RBC membership card at checkout to save. Shopping at supporting bike shops pays for your membership in savings alone! If you ride a bike, it PAYS to be a member, and it PAYS to support your LOCAL bike shops!

Member Forum

The Member Forum enables online discussion of anything cycling related. Also, members can place cycling related classified ads.

Club Newsletter

The RBC produces the newsletter Flower City Cyclist, 10 issues each year. Members receive an email with a link to the latest issue. Members are encouraged to submit articles, event information, and bike related for sale items for inclusion.

Bike Case Rental

The RBC owns several hard shell bike travel cases that members can rent for a small fee.

Website Members-Only Area

Members have access to the private area of the website. This is where you find our extensive map collection, the Member Directory and Club Documents.