

# Flower City Cyclist

Newsletter of the Rochester Bicycling Club

Volume 50, Issue 3

April 2017



## Ride of Silence

17 May, 2017, 6:15 pm sharp!

Penfield Highway Department, Jackson Rd near Atlantic  
see page 6 for details.

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## Upcoming Events Summary

### Board Meeting

10 Apr 2017 6:30 pm

Legacy, 40 Willow Pond Way, Penfield, NY 14526

### Red Cross Blood Drive in Honor of Jerry Vogt

03 May 2017 1:00 pm

Bethany Presbyterian Church  
3000 Dewey Avenue

### Board Meeting

08 May 2017 6:30 pm

Legacy, 40 Willow Pond Way, Penfield, NY 14526

### Ride of Silence

17 May, 2017, 6:15 pm *sharp!*  
Penfield Hwy Dept, Jackson Rd

### Western NY Bike Fest

03 Jun 2017 9:00 am

Dryer Road Park, 7405 Dryer Road, Victor, NY

## The Flower City Cyclist

### Our Mission:

The mission of the Rochester Cycling Alliance is to bring together cycling enthusiasts and cycling clubs in the metropolitan Rochester, NY region in order to achieve several objectives:

1. Promote the use of bicycles for transportation, sport, recreation and health.
2. Foster the development of cycling roads and trails.
3. Better facilitate the exchange of information on bicycle safety, active transportation and cycling in general.
4. Provide input on government activities and legislation affecting cycling.
5. Provide a public voice for the interests of cyclists.

This Newsletter is published by the Rochester Bicycling Club in 10 issues, as scheduled below.

<u>Month</u>	<u>Submission Deadline</u>	<u>Issue #</u>	
• Mar	Feb	15th	Issue 1
• April	March	15th	Issue 2
• May	April	15th	Issue 3
• June	May	15th	Issue 4
• July	June	15th	Issue 5
• August	July	15th	Issue 6
• September	August	15th	Issue 7
• October	September	15th	Issue 8
• Nov-Dec	October	15th	Issue 9
• Jan-Feb	December	15th	Issue 10

### Newsletter Advertising:

The Flower City Cyclist accepts Paid Ads and Preprinted Inserts for this newsletter through this [WEBSITE LINK](#). These ads will run for one issue. Copy and payment are due by the deadlines listed above.

Rates are:

1/4 Page \$10.00

1/2 Page \$15.00

Full Page \$25.00

Note: Members may place bicycle related classified ads at no charge. See the RBC Website for complete details.

### Contributing?

The editor accepts all bicycling related, member submitted articles, photos and artwork for the newsletter. Special consideration is given to RBC related activities, rides, special events and your personal experiences, cycling tips and adventures! Share your stories!

Submit articles to:

[rbcnewz@yahoo.com](mailto:rbcnewz@yahoo.com)

## Ride Chair Corner - Steve Riegel

**Wow!** I don't think we've ever had to move the Awards Banquet and cancel the first few weekend rides. That was quite a wind storm, followed by winter taking a \*YUGE\* victory lap a week later!

Man, this region's weather definitely contributes to mood swings.

But \*finally\* we're getting out! It feels good to breeze along our local roads and see Spring beginning to happen! The seasons won't fail us ... it will be beautiful for riding!

This year, it is especially important to watch [RBC Meetup](#) for updates on rides. Although it won't happen often, start time changes may occur to adjust for weather conditions (ie: bump the ride earlier or later by a few hours).

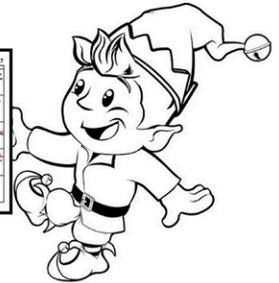
Of course, you'll also be able to see who is going, get maps & start locations, post info/questions, and catch up on updates & discussions about each ride. Road conditions, detours/re-routes, groups doing shorter/longer routes, SWEEP support, points-of-interest, informal mid/post-ride gatherings, etc. can all be communicated among participants in the Meetup ride entry. All such info greatly enhances the ride for everyone!

If you can, please RSVP to rides. More important than just being notified of updates, RSVPing really helps bring people out to rides. To those on the fence, it shows that a bunch of folks are going, which also indicates the variety of speeds & styles of riders who will be there. This is particularly important for those who are new to the club. As new folks do more rides, they can identify and join those who ride similarly. Greet new faces and consider riding with them ... first impressions make all the difference! It's great to bring others into this sport we enjoy so much!

And pictures!! Please post pictures to Meetup after the ride!! Pictures \*really\* help us re-live the beauty and fun moments of rides, and generate enthusiasm for more! You'll be amazed how special you'll feel about our upstate region when you look at the pics! And re-discovering it makes you feel great about living here!

So hang our PDF calendar [2017RideCalendar](#) on your fridge, but \*always\* check Meetup for up-to-date info and changes.

For those who can get out on weekdays, you can also add rides to Meetup through the Rides -> [Schedule A Ride](#) page on our website. Send your numeric Meetup user id (from Meetup [Settings](#)) to [rbcrides@gmail.com](mailto:rbcrides@gmail.com) and we'll set you up to add rides!



*Continued on the next page >>>*

## *Ride Chair Corner - Steve Riegel*

Also, if you want to add special rides (ex: trails, family) to the calendar, email us and we will put them on.

Many thanks to \*ALL\* of you who signed up to lead rides! We appreciate your commitment up front even though you many not know exactly what you're doing several months from now (does anyone?!). A confirmed ride schedule encourages folks to ride and brings us a balanced and diverse ride calendar for the season. It's well worth the effort to plan and recruit during the off-season, so that we all can just get out and enjoy when the nice weather is here.

Oh, one other fun thing this year. If you don't have a GPS but you have a smartphone, try voice turn-by-turn directions for our routes available through [RideWithGPS.com](http://RideWithGPS.com) If you are reading this online, click on that to get started. Otherwise, send us an email at [rbcrides@gmail.com](mailto:rbcrides@gmail.com) and we'll get you going! Everyone clusters around Kathy when she is using it to hear which way to go as they approach intersections and points-of-interest. It has personally saved me \*hours\* waiting for her at the end of long rides! I'm \*not\* kidding!!

OK ... I think winter is \*finally\* over! We may need tights and windbreakers now and then, but great weather and experiences are ahead!

Let's GO!!

Steve & Kathy Riegel

[rbcrides@gmail.com](mailto:rbcrides@gmail.com)

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### **Bicycle Cases for Rent to Club Members!**

Going on a bicycle tour and you need to ship your bicycle via air, water or ground transportation safely? The club has cases for rent to our members at \$2.50 per day.

These are hard cases to protect your bicycle from damage.

Details on the bike cases and the rental agreement can be found on the website:

<https://rbc.wildapricot.org/MoreRBC>.

To rent the cases contact Beth Johnson email:

[dr.j.4992@gmail.com](mailto:dr.j.4992@gmail.com)



### *Welcome to our New Members through March 26, 2017*

Sarah Bullard  
Mitch Evans  
Laura Gaede  
Teresa Gianni  
Gary Heinzman  
Lisa Hutchings  
Jeff Hydock

Lori Nikolic  
Robert Pittrof  
Michael VanderGaag  
Tracy Vasile  
Mark Weber  
Christine D Wells  
Andy Wells

As of April 5, there are 485 active/paid members (an additional 249 did not renew yet). Each day, a few are joining or renewing.

There have been 48 new members since Jan 1. They heard about the club via (some chose more than one answer):

- friends/members - 18
- electronic media (Facebook, Meetup, Web) - 9
- bike shop - 5
- other - 7
- no data - 12 A number of individuals added their family members at time of renewal, accounting for most in this category. Others from paper application, to be revised to capture this data.

Email was sent out to RBC Meetup members who have been to the Meetup site in past year - with a reminder to renew if members / encouragement to join if not (subtle message that would make one aware that being on RBC Meetup is not the same as being a member of RBC). Also provided information to set realistic expectations about our rides

#### **Attention Weekday Ride Leaders!**

***The scheduling page for weekday rides has changed.***

The new page is: [ScheduleRide](#)

This page is on the RBC website under:

- >Rides-
- >Schedule A Ride.

You must log in using your RBC website credentials to use it.

In addition, you must send your numeric Meetup ID to [rbcrides@gmail.com](mailto:rbcrides@gmail.com) in order to schedule rides.

Your numeric Meetup user id can be found on your Meetup Settings page.

## April Awards Banquet - Brad Jensen

After having to reschedule our Awards Banquet due to the wide spread power outages it went off on Friday evening, March 31. At least 50 people attended the event. Several positive comments were heard about the new venue, Dolomite Lodge in Penfield. The gas fireplace kept the place toasty. RBC banners were hung both inside and outside and the tables were covered in decorative blue and yellow table cloths. The buffet table filled with all varieties of great food. Dessert featured a 50th Anniversary cake. After eating, guest speaker Erik Frisch, Transportation specialist for the city, spoke to the group about the implementation of the Rochester Bicycle Master Plan. Afterward he was presented with the **Bicycle Transportation Community Recognition Award**.

Brad Jensen and Mark Robbins presented the awards with help from Kathy Riegel, Karen Managan and Joe Voelkel.



**Best New Riders** – Lynn Tavernese, Mike Harvey, Grant Morey

**Most Improved Riders** – Carolyn Acquilano, Pam Rogers, Lynn Schilling-Benz, Jason Kostyshak, John Reily

**1000 Mile Club** – Carolyn Acquilano, Jim Kirch, Lauren O'Neill, Pam Rogers, Lynn Schilling-Benz, Jason Kostyshak, John Reily

**2000 Mile Club** – Jason Kostyshak & John Reily

**3000 Mile Club** – Kathy Riegel

**High Mileage – Impromptu** – Brian Dahl & Cindy Fleischer

**High Mileage – Total & Calendar** – Kathy & Steve Riegel

**High Mileage Couple** - Kathy & Steve Riegel

**Most Rides Led** – Otto Muller-Girard & Andy Stewart

**Most S&E Rides** – Bill Lebbon

**Most Sweep Rides** – John Reily

**Most Total Rides** – John Reily

**Waldo Nielsen Award** – To Paul Knerr for all the time and effort he has put in to building and maintaining trails in 2016.

**George Rennie Award** – To Andy Melnyk for the large number of high quality maps he created during his tenure.

**Dick Burns Hall of Fame Award** – To Bob Lechner for all his volunteer efforts the past 4 years.



*Continued on the next page >>>*

# April Awards Banquet - Brad Jensen

**Stone Saddle Award** – To Greg Turner for his accomplishments in his first year as a Brevet rider.

**Big Chain Ring Award** – To Lauren O’Neill for sticking with the “fast guys”.

**Jules Kleinhenz GQ Award** – To Chris DeLancey for showing up in full kit including matching gloves and shoe covers.

Kathy Riegel presented Brian Dahl, John Reily, Veronica Benzing, and Bruce Lee a “White Knight” Award for helping her with tire issues while Steve was in Europe.

Karen Managan presented Todd Calvin with a “Trail Angel” Award for his help on last year’s Lyons Hollow Ride.

Steve Riegel received a “Club Shutterbug” Award for his great ride pictures.

Mark Robbins received a “Road Kill Quote of the Year” Award suggested by Joan Hoover for “Wow, that was softer than I thought it would be.”

*Brad Jensen*

## Seen at the Awards Banquet



*Pictures contributed by various members.*

## Ride of Silence - May 7th- Andy Stewart



Since 2010 the Rochester area has had a Ride of Silence on the third Wednesday of May. We ride a 9 mile route in silence and at a processional pace to honor and remember those who have been killed or injured while cycling. Sadly each year the list of honored riders grows. Just last year RBC member Jerry Vogt was hit and seriously injured by a car driver.

May 17, 2017 we will gather at the Penfield Highway Dept. lot (on Jackson Rd, across from Veteran's Memorial Park), hold a brief ceremony then depart at 7PM for the ride. We return an hour later, to the speaking world.

Many RBC members have attended and all have experienced the gratification of an hour of quiet reflection while rolling along with hundreds of like minded riders.



This year's Ride of Silence will have an added element. Besides the motorcycle escort service that controls the intersections for our safe passage there will be rider escorts who will be there to help the attending riders maintain a safe group, will be able to communicate with the spectators (in passing yards and cars) about our cause and help those riders who need to fall back from the group.



We need a small number of willing riders to step up and fill this role of escort. Please contact Andy Stewart at if you can offer your help.

The club's website has more information about this event and the help needed to insure a safe time for all. Many thanks and hope to see you there.

*Andy Stewart*



## Rochester Bicycling Club

### Here are some new things we need to let you know about as the 2017 season begins:

#### **RideWithGPS.com**

Turn-by-turn directions for RBC routes on your smartphone!

[RideWithGPS](#) (RWGPS) is a great bike route mapping site. Many of us have been using it for years to record and lay out personal routes. RBC has purchased a "Club Account", which enables premium features for RBC members, the most notable being voice & visual turn-by-turn navigation on your smartphone. The Club Account also becomes RBC's electronic library for routes, providing accurate distance, elevation, grade info and cues (including custom cues for points-of-interest and complex turns). The resulting routes and cues can be used for active navigation with the RWGPS smartphone app or on Garmin and other devices.

This year, Meetup ride entries contain links to all relevant RWGPS routes (main, cuts, extensions) for the associated ride map. You can follow these links to see the routes and download simple cue sheets and Garmin TCX files, but active navigation with the RWGPS app on your smartphone requires that you have an RWGPS account\* and that you click this "[invite](#)" link to join the RBC "Club Account".

Doing this unlocks the smartphone navigation feature for our routes. (\*You only need a "free" RWGPS account ... not one of the "paid" ones ("basic" or "premium").

We are working to get all of this year's routes into the "Club Account". Please be patient if we don't get all cuts & extensions in place. You can see the club routes we've got so far there. Use the +FILTERS option to look for specific rides & maps.

#### **Ride Scheduling**

The ride scheduling system has changed. With Meetup providing flexible notification (email/text/etc) and two-way communication about all RBC rides, it makes sense for member submitted rides to go directly into Meetup. A mobile-friendly page for adding rides is now available from the RBC website (Rides -> Schedule a Ride). You must be logged into the RBC website to see it, and you must also register by sending your numeric Meetup Id to [rbcrides@gmail.com](mailto:rbcrides@gmail.com) with your RBC Website Username and Password to be able to schedule rides. Your numeric [Meetup User Id](#), Meetup user Id can be found on your Meetup [Settings](#) page.

*Continued on the next page >>>*

## *Preparing for Spring - Steve Regel*

We are grateful to Onno Kluyt for creating and supporting the ClubRides app over the past 6+ years. It was a significant advance enabling member-scheduled rides & updates, as well as displaying our full calendar including maps and start locations on mobile devices. It made RBC stand out as a technology-savvy bike club, and served us very well. Thank you Onno for your time, effort and enthusiasm in creating it for us!

### Sweep Rides

You may have noticed that explicit SWEEP rides are not visible on the calendar. That does not mean they aren't there!

SWEEP rides are just normal RBC rides with a person committed to riding at the "back of the pack" at the pace of the slowest rider. Labeling a ride with SWEEP is an important signal to folks that they will not be alone if similar riders don't happen to be at the ride. While we hope that pre-ride "buzz" on Meetup will bring out a diverse set of riders so that everyone has someone to ride with, it doesn't always happen.

Any ride can become a SWEEP ride (and we hope many do!) provided individuals are willing to sweep. A sweep would be in \*addition\* to the scheduled ride leader. Our SWEEP coordinator, John Yunits, has a starter set of sweeps but is always looking for more. Anytime someone is willing to sweep an upcoming ride, the ride title will be changed to include SWEEP, so that it stands out on Meetup. This will happen within a few days of the ride, so check [Meetup](#) periodically, especially just before weekends. More details to come.

### Slow & Easy Rides

Slow & Easy (S&E) rides are essential because there are beginner riders that need such support, and are not able to do our moderate or longer rides. We extend a special thank you to all of our S&E ride leaders. We appreciate your extra patience, encouragement, help and care for new riders. Many of us started with such rides, and became hooked on cycling as a lifelong activity. Many thanks for your help!

Traditionally, S&E rides run late April through September, but our riding season is longer than that (well, maybe not \*this\* year!), so we'd love to see S&E rides on additional weekends that don't already have them. If you are willing to run more S&E rides, please let us know at [rbcrides@gmail.com](mailto:rbcrides@gmail.com) and we will add them. They take a little extra effort, but fledgling riders really appreciate the opportunities! OK ... I think we will \*finally\* be riding this weekend!

*Be careful on the road, and enjoy the 2017 season!*

*Steve Riegel*

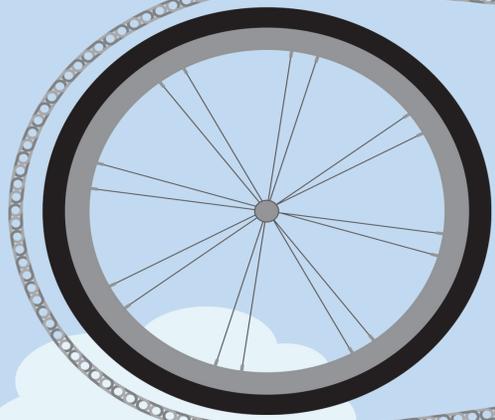
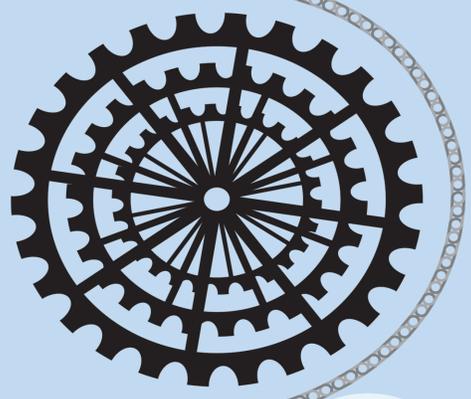
Time to put away the skis and chainsaws!

# CYCLE MASSACHUSETTS

## 2017

State Bike Tour

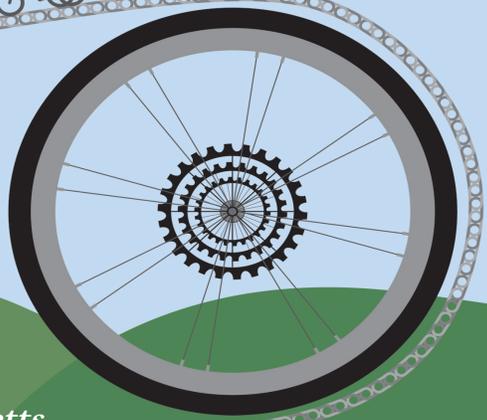
3 states



1 ride



August 5<sup>th</sup> - 11<sup>th</sup>  
[www.CycleMA.com](http://www.CycleMA.com)



*Celebrating Cycling in Massachusetts*

*Illustration & Design: Raghudr Thabit*

## Rochester Cycle For Life

Cystic Fibrosis Foundation

August 12, 2017

Info and Online Registration:

<https://goo.gl/Cvmkw8>



Get your wheels in motion and join us for our 7th annual bicycle event as we ride through some of the most picturesque and scenic terrain south of Rochester. CF Cycle for Life is a fully-supported ride with route options of 61, 35 and 10 miles. From breakfast to our cycle post party, you can enjoy fully stocked rest stops every 10-12 miles, bike mechanics for bicycle maintenance and repair, ride marshals to cheer you along the way and plenty of support vehicles to help you complete the ride. This unique event empowers participants to take action and demonstrate their fight in finding a cure for cystic fibrosis in a tangible, emotional and powerful way.

### Registration Fee Schedule:

01/01/2017 – 05/31/2017: \$20

06/01/2017 – 07/31/2017: \$30

08/01/2017 – 08/12/2017: \$40

### Ride Details:

**Date:** 8/12/2017

**Check-in:** 8:00 am

**Start Time:** 9:00 am

**Route Mileages:** 10, 35 & 61

**Chapter:** Rochester Chapter

**Event Location:** Mendon Ponds Park

Pondview Shelter and Hopkins Point

Lodge, Honeoye Falls, NY

**Event Coordinator Name:**

Patty Schwarzweller

**Event Coordinator Email:**

pschwarzweller@cff.org

**Event Coordinator Phone:**

(585) 924-0319





The **2017 Western New York Bike Festival (WNYBF)** is a **1-day event on June 3<sup>rd</sup>** from 9:00 AM to 9:00 PM, to be held both at **Dryer Road Park** (7405 Dryer Road Victor, NY) and in the Village of Victor at **The VB Brewery** (160 School Street Victor, NY). The event, open to the public, features **FREE ADMISSION** and is designed to attract riders from novice to expert.

Manufacturer rigs with bikes for you to demo, bike shops, charity tour promoters, various other vendors and bike club representatives will be on site at Dryer Road Park from 9AM to 4PM. Organized no-drop rides will be led for beginners through advanced riders. There will be FREE new rider clinics offered to support and encourage new cyclists. There will be food for purchase, attendee games, raffles and family activities at Dryer Road Park. Live music, prizes and food will be in the Village of Victor at the Beer and Cider Garden at **The VB Brewery** (160 School Street Victor, NY) from 2PM to 9PM. Food and non-alcoholic beverages will be sold at both locations.

**WNYBF event proceeds will be donated to R Community Bikes, "providing FREE used bikes to Rochester's most needy children and adults."**

We listened to your suggestions from last year and have made the following important changes to the Fest:

- No admission fee – FREE and open to the public
- Sales are allowed and we are encouraging vendors to offer special "Fest Discounts"
- Beer & Cider Garden with Live Music
- To make it more bike shop and bike club friendly, easier to staff, the Bike Fest is one day and one day only!
- NEW RIDER clinics designed to attract more people to the sport
- Proceeds to benefit R Community Bike

The WNYBF is a collaboration of bike clubs, bike shops, charity rides, retail outlets and manufacturers wishing to support all types of bike riding including road riding, mountain biking, adaptive cycling, tri, single track, cyclocross and more. The celebration at The VB Brewery will also reflect the pride that Victor businesses take in the great trails and roads that welcome cyclists of all types to their community. The website and Face book page will be updated frequently between now and June 3.

**WNYBikeFest.com**      **Facebook.com/WNYbikefest**



Western New York

# BIKE FESTIVAL



[facebook.com/WNYbikefest/](https://facebook.com/WNYbikefest/)

## Celebrate Bicycling!

Road Rides - Mountain Bike Rides



BEER & CIDER GARDEN with Food Vendors @ The VB Brewery, Victor NY

## Factory Demo Bikes

Clinics for NEW Riders - Family Activities - Games & Prizes

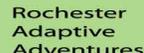
## Local Bike Shops!

Kid's Activities & Food Vendors

## June 3rd 2017

Vendor Sales & Deals

Benefiting R COMMUNITY BIKES



# wnybikefest.com



benefiting the  
**GOLISANO**  
CHILDREN'S HOSPITAL



# ROCHESTER GRAN FONDO

AUGUST 19TH 2017

A part of the  
Rochester  
Twilight  
Criterium

ZERO administration costs!  
100% of the proceeds go to the  
Golisano Children's Hospital!

- ★ Exclusive day & evening inside the Blue Cross Arena
- ★ Full evening criterium course-side seating w/refreshments
- ★ Amazing buffet dinner
- ★ Custom cycling jersey (for the 30, 50 & 100 mile)
- ★ Custom tech t-shirt (for the 10 mile)
- ★ \$1500 Raffle towards a Trek bicycle from Full Moon Vista
- ★ Meet & greet with professional cyclists
- ★ Private showers and changing rooms
- ★ Secure bike storage
- ★ USA Cycling timed century

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Cyclist, spectator  
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[rochestergranfondo.com](http://rochestergranfondo.com) & [rochestercrit.com](http://rochestercrit.com)

# ROCHESTER TWILIGHT CRITERIUM

SATURDAY, AUGUST 19th 2017



City of Rochester, NY  
Lovely A. Warren, Mayor

Free spectator admission! Food truck rodeo and beer garden!  
The world's best athletes - racing on OUR city streets!



rochestercrit.com

# Blogs & Stuff

**Brian Managan** - <http://bcmbike.net/> *A Personal Main Blog*

Click below to go to a new story for you to follow, that includes Todd Calvin and Dave Larsen

**Sun, Sand, Snow and Sky**

Do you have other You Tube Videos that you want Posted?  
Email them to [rbcnewz@yahoo.com](mailto:rbcnewz@yahoo.com)

## NEW Sites & Blogs For You to View

**Jim Reed's Bike Blog** - <http://www.zifflaw.com/NYBikeAccidentBlog/>

**Bicycle Tutor**- <http://bicycletutor.com/>

**Self-Assembling Bicycle**- <https://vimeo.com/137011379> -Way cool video!

**Red Kite Prayer:** <http://redkiteprayer.com/>

“Good for: Anyone after commentary and analysis of the best in the bike world—minus sarcasm.

Written by: A cozy group of bike industry insiders, ex-racers, and cycling journalists. [RKP](#) (Red Kite Prayer) just added Charles Pelkey, whose popular The Explainer column was a recent casualty of the staffing musical chairs at Velonews.”

**Bicycling Magazine:** <http://www.bicycling.com/>

**Map My Ride:** <http://www.mapmyride.com/>

An advanced ride mapping program site.

**MilerMeter:** <http://www.gmap-pedometer.com/>

A simpler ride mapping program than *Map My Ride*.

Add your blog here or a send a link to a favorite one (with a description).  
Send copy to [rbcnewz.com](http://rbcnewz.com)

## *Board Meeting Minutes - Paul Knerr*



### **Rochester Bicycling Club Board of Directors Regular Meeting: February 13, 2017**

Present: Brad Jensen, Todd Calvin, Dana Black, Kathy Riegel, Bill Lebbon, Steve Riegel, Mark Robbins, Steve Lee, Andy Stewart, Nancy Rollin, Paul Knerr.

The meeting was called to order at 6:39pm by President Todd Calvin.

The minutes of the previous board meeting on January 10th were approved.

**Ride with GPS:** Mark R. reported there are more than 50 GPX files uploaded. Still need to plan for education of members on how to join and use.

**Ride of Silence:** Andy S. updated the board on the Ride of Silence. Date is Wednesday, May 17th. Ride will start at the Penfield Town Hall. Andy has contacted Penfield and the motorcycle escorts. Cost in 2016 was \$578. Andy projects costs will run approximately \$100 more. Dana motioned for approval of an amount not to exceed \$700. Motion was seconded and approved.

**Jerseys:** We discussed getting new jerseys from Louis Garneau. Kathy R. talked with Garneau about cost and design service. A Fit Kit is provided; qty 100 is \$52 in Sport, and \$49 in Tour style. Things to do next: 1) Survey designs, 2) Budget of expenses.

**Awards Banquet:** Date is Saturday, March 11th, at the Dolomite Lodge in Penfield Veterans' Memorial Park. Awards committee to meet next week to finalize awards. Current costs are \$330, asking for \$350 for additional. Steve L. motioned for approval of \$350 for Awards Banquet. Motion was seconded and approved. Brad J. and Mark R. agreed to emcee the event.

**Annual Picnic:** Mark R. reported the East Lodge shelter is reserved for Saturday, July 22nd. Mark R. motioned for \$143 to be approved to rent the shelter. Motion was seconded and approved.

**Education Clinics:** Steve Lee discussed a proposed schedule for clinics: He requested money to rent places. Todd motioned for \$100 to be approved for clinics. Motion was seconded and approved.

*Continued on the next page >>>*

## Board Meeting Minutes - Paul Knerr

Dana B. noted that our insurance says these will be attended by members only. It would be \$91 more for non-members. It was decided that clinics will be published as member only events.

### **Ride Calendar:** - Steve Riegel

- S&E rides – S&E brochure needed by the Spring meeting. 8 rides need to be filled.
- 2017 calendar needs ~50 rides leaders to complete. Included are 5 joint rides with Huggers.
- Sweep rides can be any moderate ride. Designated on Meetup.
- Discussed volunteer dinner. Should we make it 1 or more events to qualify? No change for coming year.

**Constitution Committee:** Todd reported a draft will be sent to the board.

**Grand Fondo:** Representatives may present to the board at next meeting.

**ADK Expo:** Date is Saturday, June 10th. Todd volunteered to man the table. They have requested we do a Bike Clinic. Steve L. to check his schedule.

**Next Meeting:** The next Board meeting will be held at 6:30pm on March 13, 2017. Meeting site is Legacy Senior Community at Willow Pond; located on 40 Willow Pond Way, Penfield, NY 14526. The meeting was adjourned at 8:46pm.

Minutes submitted by Paul Knerr, Secretary.



### Ride the “Cycle for Life” with the *Will Haines Team*



This team is for anyone who registers for the Cystic Fibrosis Cycle For Life, a charity event benefiting the CF Foundation. It is being held in Rochester, at Mendon Ponds Park, on August 12, 2017. JOIN TEAM STELLA and ride 10, 35, or 61 miles!

Contact Will Haines, captain of Team Stella, for more information, or join the team by following the link provided. You can read on our CF team page that Stella is a five-year-old girl in Webster who has CF. It's a great ride in August, for a great cause! Ending Cystic Fibrosis!!

<http://fightcf.cff.org/goto/stella>

## Member Want Ads

The new RBC website now also hosts a "classified section." You may post or purchase items there. Go to [RochesterBicyclingClub.org](http://RochesterBicyclingClub.org) and click on "Members Area, Forums, Classified Ads."

### CANNONDALE SYNAPSE CARBON \$1200

Frame	Synapse Carbon
Fork	Synapse S.A. V.E. Ultra Carbon
Frame size	58cm
Rims (NEW)	Shimano Ultegra 6700 Tubeless
Tires (NEW)	Hutchison Fusion Tubeless
Front/Rear Derailures	Shimano Ultegra 6700
Brakes	Shimano Ultegra 6700
Brake/Shift Levers	Shimano Ultegra 6700
Cables	GORE Ride On Professional
Crank	Shimano Ultegra 6700 Compact 50/34
Rear Cassete	Shimano Ultegra 6700 11-28
Chain	Shimano Ultegra 6700

Great Condition, Pedals not included

Call:  
585 202-9763



### For Sale

Homemade short wheelbase recumbent and carrier. Many accessories  
**Reduced to only \$95.00**

Call Larry Johnson 315-524-8244



### TREK 7200 WSD

16" Women's Hybrid, 8-speed.

Showroom New (<50 original miles),  
Peacock color.

Lists at \$540;

Asking \$350, incl. wireless computer

Call: (585) 752-8027.

View Specs at:

<http://www.bikepedia.com/quickbike/BikeSpecs.aspx?>



### FOR SALE:

1999 Schwinn Paramount, 56cm. Hand built by Curt Goodrich <http://www.curtgoodrich.com> with Reynolds 853 steel tubing. It's the 463rd of about 750 bikes that Curt built.

Components are a mix of Dura-Ace and Ultegra.

A truly fantastic ride. This bike can be seen and ridden at *Mendon Cyclesmith*.

Contact for questions is David Snyder, 943-4050. [doorknob@rochester.rr.com](mailto:doorknob@rochester.rr.com)

**Asking \$1,100 / OBO**

## YOUR AD HERE!

### Newsletter Advertising:

The Flower City Cyclist accepts ads and preprinted inserts.  
There is NO CHARGE for all Members in good standing!

Send to: [rbcnewz@yahoo.com](mailto:rbcnewz@yahoo.com)

The Flower City Cyclist also accepts PAID ads  
and Preprinted inserts.

Paid ads will run for one issue.

Follow this [WEBSITE LINK](#) for detailed instructions on  
submission.

Rates are:  
1/4 Page \$10.00  
1/2 Page \$15.00  
Full Page \$25.00

## For Sale

*Time to thin the herd!*

### Bicycle #1:

80's-90's Schwinn 684, 53-54cm, aluminum,  
Shimano 105 derailleurs, down-tube shifters,  
triple.

Good condition. \$200

### Bicycle #2:

90's Univega hybrid, 50-ish cm. New 700x35  
tires.

Good condition. \$100

### Bicycle #3:

90's Burley Piccolo trail-a-bike. 6-speed.  
Includes rack/hitch for towing bike.

Good condition. \$100

### Bicycle #4:

90's Burley Canto recumbent. 26 x 20  
wheels. Convertible between short and  
longer wheelbase. Corbin leather seat.  
Needs a bit of TLC. \$100.

Dave Larson, 402-8892 or:  
[element6@frontier.com](mailto:element6@frontier.com)

## For Sale

Pick Up Truck Bike rack. Works best with fatter  
tire bikes and will fit a bed 60" or greater in  
width. Brand New—Would not fit my truck.  
\$25.00

Rans Screamer Sport Recumbent *Tandem*,  
Excellent condition, Independent Pedaling  
System, New Tires, about 2000 miles.  
\$3500.00.

Contact: David Hurd at [albert.hurd@icloud.com](mailto:albert.hurd@icloud.com)



### Dave Hurd

5 Pickett Street Ext.  
Castile, NY 14427  
585 493-5751 Home  
585 322-6319 Cell



# 2017 Board of Directors

*Red Titles are Voting Members - 15    Blue Titles are non-Voting Members*

## **Officers: (Voting)**

### **President**

Todd Calvin  
314-7432  
[tcalvin001@hotmail.com](mailto:tcalvin001@hotmail.com)

### **Vice President**

Brad Jensen  
872-4468  
[bkjensen99@yahoo.com](mailto:bkjensen99@yahoo.com)

### **Secretary**

Paul Knerr  
330-8374  
[paul@e-knerr.com](mailto:paul@e-knerr.com)

### **Treasurer**

Dana Black  
478-8187  
[dana.black82@gmail.com](mailto:dana.black82@gmail.com)

## **Directors: (Voting)**

### **Education**

Steve Lee  
217-6625  
[slee40@frontiernet.net](mailto:slee40@frontiernet.net)

### **Maps**

Brian Managan  
No phone  
[brian@bcmbike.net](mailto:brian@bcmbike.net)

### **Membership**

Kathy Riegel  
789-1741  
[kriegel2@gmail.com](mailto:kriegel2@gmail.com)

### **Newsletter Editor**

Dale Vanocker  
227-7218  
[rbcnewz@yahoo.com](mailto:rbcnewz@yahoo.com)

### **Publicity OPEN**

### **Rides**

Steve Riegel  
789-1741  
[rbcrides@gmail.com](mailto:rbcrides@gmail.com)

## **Directors: (Voting, cont'd)**

### **Immediate Past President**

Mark Robbins  
469-5729  
[markerino@rochester.rr.com](mailto:markerino@rochester.rr.com)

## **Members-at-Large: (Voting)**

Bill Lebbon  
787-7576  
[encodertwo@yahoo.com](mailto:encodertwo@yahoo.com)

Nancy Rohlin  
(315) 331-8835  
[rohlinalong@yahoo.com](mailto:rohlinalong@yahoo.com)

**Position 3: OPEN**

**Position 3: OPEN**

## **Coordinators: (non-voting)**

### **Awards OPEN**

**CD Publisher**  
Brad Jensen  
872-4468  
[bkjensen99@yahoo.com](mailto:bkjensen99@yahoo.com)

### **Impromptu Rides OPEN**

**Road & Trail Advocacy**  
Richard DeSarra  
461-5363  
[rdsbike@rochester.rr.com](mailto:rdsbike@rochester.rr.com)

**Slow & Easy Rides**  
Mike Stanton  
330-2371  
[michael.stanton@xerox.com](mailto:michael.stanton@xerox.com)

## **Coordinators: (cont'd)**

### **Social Rides OPEN**

**Sweep Rides**  
Chris Basak  
586-484-1822  
[basakc@aol.com](mailto:basakc@aol.com)

### **Web Site**

Brad Jensen  
872-4468  
[bkjensen99@yahoo.com](mailto:bkjensen99@yahoo.com)

### **Bike Cases**

Beth Johnson  
330-0148  
[dr.j.4992@gmail.com](mailto:dr.j.4992@gmail.com)

### **Winter Meeting**

Brian Managan  
No phone  
[brian@bcmbike.net](mailto:brian@bcmbike.net)

## **Board Appointed Positions: (non-voting)**

**Librarian**  
Todd Calvin  
314-7432  
[tcalvin001@hotmail.com](mailto:tcalvin001@hotmail.com)

**LAB Touring**  
Ride information  
Club Representative  
Todd Calvin  
314-7432  
[tcalvin001@hotmail.com](mailto:tcalvin001@hotmail.com)

**Legal**  
Jim Reed  
303 William Street  
Box 1338  
Elmira, New York 14902-1338  
(800) 943-3529  
[www.ziffilaw.com](http://www.ziffilaw.com)